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Glad Monster, Sad Monster
**Synopsis**

Glad, sad, silly, mad - monsters have all kinds of different feelings! In this innovative die-cut book, featuring a snazzy foil cover, you'll try on funny masks as you walk through the wide range of moods all little monsters (and kids!) experience. Here's a fun, interactive way to explore the many different ways we feel! Caldecott Medal-winning author/artist Ed Emberley provides readers with an imaginatively crafted book that helps children identify and understand their emotions. Visit him at his Web site: www.edemberley.com.

**Book Information**

Hardcover: 32 pages  
Publisher: LB Kids; Revised ed. edition (September 1, 1997)  
Language: English  
ISBN-10: 0316573957  
Product Dimensions:  8.8 x 0.6 x 11.2 inches  
Shipping Weight: 1.1 pounds (View shipping rates and policies)  
Average Customer Review:  4.5 out of 5 stars - See all reviews (93 customer reviews)  
Best Sellers Rank: #7,214 in Books (See Top 100 in Books)  
Growing Up & Facts of Life > Friendship, Social Skills & School Life > Emotions & Feelings  
Age Range: 4 - 8 years  
Grade Level: Preschool - 3

**Customer Reviews**

I have been a preschool teacher for 20 years and have searched for the "right" book about feelings and emotions to help the very young child articulate their worries and fears. Without a doubt, this book has proven to be a real winner. With three classes of youngsters ranging from 3½ to 5 years, this wonderful tool made them giggle, then think, and, finally talk about their concerns. I developed a whole thematic unit, creative project and bulletin board around this very useful book.

Congratulations to the authors!

Believe it or not...this book helps control tantrums. Most kids between 2 and 4 don’t have the vocabulary to express their feelings. This book teaches them the different emotions, and assigns a color to them. If my son starts to cry, instead of getting frustrated, I can ask him, "Are you a blue monster (the sad one) or a yellow monster (the glad one)? He'll say the blue monster. It's how we get
kids to verbalize instead of tantrum. It's helped immensely. I wouldn't use the mask part though, cause kids sometimes don’t understand that you are behind the mask and they think you’ve gone away. Also recommend "Go Away Big Scary Monster" by Emberly. Fantastic!!! On a side note... I will say that I've never been able to really use the fold out pages (that has eye holes for you to look through...so you can be one of the monsters).... the book's a bit unwieldy that way. But I just ignore that part of it and just read the book like I would any other. After the "mad monster" gets mad at a kid knocking down his blocks.... I ask my son - What makes you mad? And then... "What makes you sad? - Happy?" - and so on. When you tell kids to stop yelling or throwing things (or whatever your kid might do to show frustration) sometimes they interpret it as, "We’re not allowed to be angry." Which’ll make them robots when they grow up. This book opens the discussion up for them.

This book has fold out pages that either you or your child can "wear". My 15-month-old thinks its funny when I wear each of the monster masks. I think it is a good book for toddlers, as well as, older children. Toddlers enjoy the bright colors and masks. Older children should enjoy wearing the masks themselves, as well as, exploring feeling and monsters.

The book is thirty pages long in dark black pages with bright happy and sad colorful faces with two holes for the eyes and the larger shape opening for the nose. In the front of the book is the diagram that explains the steps to use the flaps. A child who is not yet able to read will know how to follow these self-explanatory steps with cute pictures. First the book gets opened with the flap being lifted, read the text and try on the mask while pretending to have fun! This is a fun and imaginative book that can be utilized alone by a child to experiment with the faces or masks depending on what they want to call them. You can involve more than one child and adult and use the colors to interact with other toys to pick which feeling they are.

My oldest son had Go Away Big Green Monster and it was read so often that it started to fall apart. We ordered a new copy of it and this showed up as a suggestion. Since my kids loved this book so much, we gave it a try. It did not disappoint. My middle son loves to run around with the tear out masks and acts out the emotions. I would imagine this would be a great book for kids on the autistic spectrum as it focuses on emotion and facial expression recognition.

There is no story to this book. It's just fun. It’s colorful. It engages a kid with the shapes and faces. And its’ just a fun book. If you’re like me, any book that encourages a child to pick it up and turn
every page until the end is a good book. Just because a book like this doesn't have a story, or a moral lesson to teach, doesn't mean it's not a good book. Kids like this book because it's fun and that makes it a winner! There is some educational value to it in that it talks about emotions (It shows different faces to match the monsters’ emotions). That's good stuff, but it's not the strength of this book. The strength of this book is how much fun it is and how stimulating it is to a child's imagination.

This is a fun book of feelings that gives a few different scenarios for each feeling. The tear out masks are also good for play acting with the little ones, and there's a pocket in the back of the book to keep them in.

I've used this book a few times in my sessions with little ones to identify internalized emotions, and for other ones who are scared to express themselves so they speak through the masks that come along with the book. Highly recommend for kiddos under 11.

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