Synopsis


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Customer Reviews
Not to be confused with the compact slim paperback volume, the Three Ways of Conversion, which is also published as the Three Ways of the Spiritual Life. I have both of these in print and Kindle formats, the little book and the larger set. Bought them when I first got interested in Catholicism as a Buddhist working in a Catholic bookstore. (It’s a long story.) Thank goodness for those employee discounts! I got the Three Ages clothbound set. It’s held up really well over the years and I’ve read the first volume many times and the second volume through at least once. Have read the small condensed version several times. Also have a bunch of other titles by Fr. Garrigou-Lagrange. He’s one of my favorite Catholic writers/teachers/theologians. The Three Ages (this Kindle book by Catholic Way contains both volumes of the set) led me to discover how deep and vast and marvelous the Catholic faith and tradition is. I’d had no idea at all. Was instrumental (along with books and talks by Dr. Scott Hahn and the writings of the saints and Church Fathers) in bringing me home to the Catholic Church. "This work represents the summary of a course in ascetical and mystical theology which we have been giving for twenty years at the Angelicum in Rome." (Kindle Locations 56-57) "Our aim is to invite souls to become more interior and to tend to union with God." (Kindle Location 377) Want to know more about real spirituality? Want to know what Christian prayer, meditation and contemplation really are? Read, study, meditate on this book. Pray. Learn. Cooperate with grace in the sacraments. Travel the three ways: purgative, illuminative, and unitive with Fr. Garrigou-Lagrange as your guide.

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