Confessions Of A Former Bully

The book was found

Confessions of a FORMER BULLY

by TRUDY LUDWIG

Illustrations by BETH ADAMS

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“This book should be required reading for children and their parents!”—PETE BELLEW CRISWELL, author of Stand Up for Yourself & Your Friends: Taking Them & Keeping Them

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After Katie gets caught teasing a schoolmate, she’s told to meet with Mrs. Petrowski, the school counselor, so she can make right her wrong and learn to be a better friend. Bothered at first, it doesn’t take long before Katie realizes that bullying has hurt not only the people around her, but her, too. Told from the unusual point of view of the bullier rather than the bullied, Confessions of a Former Bully provides kids with real life tools they can use to identify and stop relational aggression.
myself. Every school year we've read her stories over and over. I've witnessed the positive impact and difference they've made in childrens' lives. So when I read it for the first time I was thrilled for the kids in my school because they will BENEFIT immensely. It is written for the upper elementary grades (3rd grade and up). This was a jump for joy moment for me. I am familiar with every single children's book about bullying on the market. There is a gaping hole in the upper elementary grades for good bullying literature. But Confessions just majorly filled it. Not only is it written for this age group but the illustrations and layout are cool and engaging for this population of kids. So put your dull bullying curriculums back on the shelf. This is the story of what happened to Katie from My Secret Bully and also a tool kit on how to deal with bullying and how to turn bully behavior around.

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