In this exploration of the inner man, Lester Sumrall describes the unity of the human personality. He shows how the three distinct parts of the human person can function in harmony and how to yield each part to our Lord Jesus Christ. Learn how to understand the division of your spirit, soul, and body so that you can live a fulfilling, victorious life.

**Book Information**

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**Customer Reviews**

Just when I thought Les Sumrall couldn’t write a book as refreshing as the last, I read this one. Although I find it hard to compare his adventures in South America to any of his other books (and that is just because I love his missionary stories) this book is very helpful to me. This book has helped me more in my daily walk with Jesus. Very practical advice but the content is not simple in any way. It is deep and very intriguing. If you want to read a book that you won’t normally find on today’s shelves, check this one out. But as I always say with Les, you have to read about his life in South America first. It will give you a whole new respect for all the books he has written.

The best on the subject. Lester Sumrall was not only a great man of God. He was also a genius.

This is for every born again believer in Jesus Christ. This book will help you see yourself and know the spirit man and follow Him so you can overcome your Selfish desires!

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