My Changes (Middle School Survival Series)
In My Changes, you’ll discover the reasons behind a lot of your changes, and get tips on how to survive all of them. You’ll find valuable insights on changes happening in your body, your brain and thoughts, your identity, your emotions, your gender, and more. After reading the books in the Middle School Survival Series, you’ll be ready to take on the rest of middle school with the confidence and knowledge you need to survive (and thrive) as a young teen.

Book Information

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Average Customer Review: 4.5 out of 5 stars  See all reviews (2 customer reviews)

Customer Reviews

Our oldest daughter turned 12 and it was like she changed overnight. We were wondering what was going on and we found this book. While written for teens, my husband and I loved reading this! We gave it to our daughter and she is constantly coming up to tell us what she read next in the book. Each "chapter" is just 1-2 pages. It is a quick, easy and humorous read and really gives you and your kids insights to the teen years. We want to buy the other books in this series now!

Excellent condition

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